

## INVITATION LETTER to „More opportunities”

13 – 20 May 2012

Zadar, Croatia

**Deadline for applications: 18.4.2012.**

### PROJECT SUMMARY

Training course "More opportunities" – training for youth workers who work with youth with fewer opportunities" will be held from 13.5. until 20.5.2012. Zadar, Croatia. Training will gather 24 participants from 4 countries: Croatia, Belgium, Lithuania and Estonia.

Participants of the course will be youth workers of various professions (youth workers, youth leaders, social pedagogues, psychologist, rehabilitators, social workers, pedagogues etc.) who through government and NGO's are working with youth with fewer opportunities or willing to start. The training aims to deepen the understanding of obstacles and challenges that youth with fewer opportunities face. On the second hand we will work on competence development of youth workers that work with youth with fewer opportunities. After the course, participants will implement given knowledge in their countries and will have an opportunity to run a workshop for youth with fewer opportunities. The base for the training course came from principles of non-formal education so the training will consist of theoretical, experiential and reflective segments that interact and enable participants to gain new knowledge and skills.

### PARTNERS

The host country of this training is association "Play" from Croatia.

This training will be realized in cooperation with association "The Knot" from Belgium, Association "Laisvo Mokymosi Centras" from Lithuania and Training and Resource Centre "Atlas" from Estonia.

### AIMS AND OBJECTIVES

#### The aims of the training are:

- deepen the understanding of (obstacles and challenges that) youth with fewer opportunities face
- competence development of youth workers that work with fewer opportunities

#### The objectives of this project are for participants:

- to improve knowledge on youth psychology (challenges of youth and particularly of youth with fewer opportunities)
  - to promote self-directed learning as a youth worker
  - to develop learning to learn competence of youth workers
- to provide youth workers tools for further personal and professional development
- to develop competences of youth workers and provide them tools in working with youth with fewer opportunities
  - to exchange tools and approaches in working with youth with fewer opportunities
  - to promote Youth in Action as tools in working with youth with fewer opportunities.

**ACTION 3.1 TRAINING COURSE**  
**“More opportunities”**  
**International training for youth workers who work with youth with fewer opportunities**

### WORKING METHODS

The training is designed as a process of **informal learning and peer education** using participants' own experiences in the fields of youth work, youth arts and international cooperation. To be successful this will require participants to have **an active input in sharing knowledge and experience**, and to be willing to learn new skills from the trainers and each other.

### BASIC TOPICS

- Self-directed learning as a tool 4 youth worker development
- Youth worker competence self-evaluation and developing learning to learn competence.
  - Youth as a social group sociological and historical perspective
  - Theories of youth psychology Emotional intelligence - Practice and theory
- Youth with fewer opportunities - Key study analysis of situations working with youth fewer opportunities
  - The inner and outer world of young people (values, behavior and etc.)
- Interpersonal relationship – fundamentals of humanistic, group therapy (C. Rogers)
  - Good and bad practice sharing and learning form experience
- My methodological preferences and approaches in individually working with youth work
  - Practicing individual youth work skills.
  - Developing and using powerful questions in individual work with youth
- Conflict resolution and transformation practice working with youth with fewer opportunities
  - Conflict resolution theories
  - Influence of youth with fewer opportunities on youth workers
- Youth in action programs as a tool for working with youth with fewer opportunities
  - Transfer of knowledge gained to local reality

### PARTICIPANTS

**There will be 24 places** (maximum) on the training and the applicants should fulfill the **following conditions**:

- are older than 18 years of age;
- are interested in sharing experiences and are committed to learn about the topic of the training;
- are able to work in English;
- have experience in work with youth with fewer opportunities
- can act as multipliers within their own organization or community;
- are able to attend for the full duration of the activity
- are committed to participate in pre training period activities:
  - participate in online getting to know each other
  - make a short presentation oh who are youth with fewer opportunities you work with and with what obstacles they face
- are committed to set up follow-up activities after the training:
  - prepare and run one workshop with youth with fewer opportunities
  - describe the workshop and prepare it for publishing in the brochure
  - participate in skype conversation after the workshop
  - participate in post-evaluation

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**VENUE**

Zadar, Croatia

**DURATION**

13<sup>th</sup> (arrival day) to 20<sup>th</sup> (departure day) May 2012  
Six full working days, plus two days for traveling.

**PRACTICAL INFORMATION**

Almost all of the expenses will be covered by the hosting organization, with funding from the EU Youth in Action Program. This includes **food and accommodation, local transport and all training costs.**

**In addition 70% of travel expenses will be reimbursed** based on the most economical form of transport. **Please note that the remainder of 30% has to be paid by the applicants it selves.**

**APPLICATION AND SELECTION OF PARTICIPANTS**

Participants will be selected by trainers on the basis of:  
- the profile of participants as described above  
- the rules of the Youth in Action program

**HOW TO APPLY?**

If you like to take part in the training course please complete the application form and **send it by email until Monday 18 April** to: **administracija@udrugaignra.hr** with the subject **"More Opportunities"**.

**If you have any further questions, please feel free to contact us on the same address.**

**Regards from association "Play"!**

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